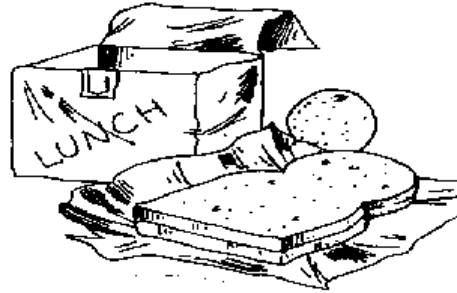


## The garbageless lunch

Knowing what will break down in a compost pile and what won't, try to pack yourself a lunch that won't leave garbage behind.



Will a chocolate bar make garbage?  
A banana?

Should you choose waxed paper or a plastic bag for wrapping your sandwich?

Here's something tricky to think about: is it better to use a paper napkin, even though it will decompose, or a cloth napkin that you can wash and use again tomorrow?

What will you carry your lunch in?

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Adapted from *Backyard Magic: The Composting Handbook* website, constructed by Communications and Environmental Education of the New Brunswick Department of the Environment.